



National Multiple Birth Awareness Month April 2010

NATIONAL ORGANIZATION OF MOTHERS OF TWINS CLUBS, INC.

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NOMOTC
A SUPPORT GROUP
FOR PARENTS OF
TWINS AND HIGHER
ORDER MULTIPLES

It's About Them

The United States 2005 twin birth rate was 32.2 per 1,000, with 133,122 births; a number that has almost doubled since 1980. That means multiple births in general are on the rise. With an increase in births, comes an increased concern regarding the health and well being of multiple birth children. (Source: CDC)

It's About Us

The National Organization of Mothers of Twins Clubs, Inc. is a non-profit organization dedicated to the support of multiple birth children and their families.....

The National Organization of Mothers of Twins Clubs, Inc. is a 501(c)(3) non-profit organization dedicated to supporting families of multiple birth children through education, research, and networking. In partnering with local support groups, health care providers, researchers, and educators, and with the highest standards of integrity, respect and professionalism, we endeavor to aid parents of multiples and to raise public awareness of the unique qualities of multiple birth families.

In support of our mission, NOMOTC is proud to announce the **second annual National Multiple Birth Awareness (MBA) Month** which will be held in April 2010. Once again will be working with our clubs in planning local and national events in support of educating our communities about the wonderful world of multiples; and to spread the word about the support groups and networks existing today which can provide ongoing support.

It's About You

Each of you — local support groups, educators, medical professionals, and media personnel — play a critical role in this endeavor. During April 2010, we are asking that you involve your local community by planning events to raise the awareness of multiple births while celebrating these special individuals and their families. **Our 2010 goal** is to double the number of clubs that share their local events and celebrations with other clubs on our MBA website.

NOMOTC has put together this Multiple Birth Awareness Kit to help you get started. It includes event ideas, press releases, flyers, and communications that can be used in planning and executing your local awareness efforts. No event is too small and many events can come together to make a lasting impact.

Join us in April 2010 and help create an awareness that lasts a lifetime, and start a tradition for years to come.

Terri Gillis

NOMOTC President

