



**National
Multiple Birth
Awareness
Month
April 2010**

**NATIONAL
ORGANIZATION
OF MOTHERS OF
TWINS
CLUBS, INC.**

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National Multiple Birth Awareness Month

FACT SHEET

Why?

With the incidences of multiple births on the rise, more families experience both the joys and challenges associated with multiple births:

- *medical complications, both pre and post term*
- *financial hardships*
- *other unique issues that impact multiple birth children and their families*

The National Organization of Mothers of Twins Clubs, Inc. (NOMOTC), along with its local chapters and other national sponsors focus on awareness of these challenges and offer resources and support to meet them.

What is planned for 2010?

On the National level, NOMOTC will focus on gaining media attention and partnering with other service organizations to increase community awareness. Our efforts include media releases, articles in our publications, and a national event planned during the awareness month. In addition, NOMOTC will assist local chapters in planning events in their local communities by providing a Multiple Birth Awareness media kit that includes event ideas, promotional materials, communications, and facts about why we are focusing on multiple birth awareness.

Is there a theme?

Multiple Birth Awareness is a broad topic, so we will highlight one important aspect annually to provide greater coverage and support to all communities participating in this annual event. For 2010, our focus/theme will be on continuing to educate our communities on the vast network of support groups that are available to assist families with multiples.

What role can I play?

Local and State multiple birth groups can combine to hold informative and fun events for parents of multiples, educators, medical professionals and the media. The media and local municipalities can show their support via media coverage, proclamations, and attendance at events. Medical professionals, researchers, and educators can participate at events or provide information to share with attendees.

Who can assist us with additional questions?

NOMOTC's Publicity team is here to help. Visit our website at www.nomotc.org for more information and contacts.